

Kid's Menu

68. Kid's Chicken Wings & French Fries.....	9.50	74. Fried Shrimp (3) & French Fries	9.95
69. First Mate CJ's Chicken Fingers & French Fries	9.50	76. Mac and Cheese	6.95
70. Adison's Grilled Cheese & French Fries	8.50	77.Lobster Tail 5-6 oz & French Fries	Market Price
71. Cheeseburger & French Fries.....	8.95	78.Pizza	7.95
72. Fried Flounder & French Fries.....	9.95		

Desserts... 11.95

We Have Assorted **Homemade Desserts** Every Day. • Ask Your Server About Our Daily Selections & Gluten Free Options.

Key Lime Pie	Carrot Cake with Cream Cheese Icing	Coconut Cream Pie
Oreo Cream Pie	Chocolate Mousse	Chocolate Layer Cake
Pineapple Charlotte Rousse	Peanut Butter Pie	Assorted Cheesecake
		Plain - Chocolate Chip - Raspberry Swirl

Looking for a cake or pie for your own special occasion? Please inquire at the hostess station . . . Carrie bakes all year long!

Beverages

Cranberry, Orange, Apple or Tomato Juice		Unsweetened Iced Tea,	
Small	2.95	Raspberry Iced Tea, Arnold Palmer	3.95
Large	4.50	Bubbly Sparkling Water Assorted Flavors	3.95
Ice Cold Milk	3.50	Hot Chocolate	3.95
Hershey's Chocolate Milk	3.95	Cola, Diet Cola, Root Beer, Sprite or Ginger Ale	3.95
Lemonade or Iced Tea – Free Refills	3.95	Pitcher of Soda	10.95
Coffee (Regular or Decaffeinated)	3.50	Pitcher of Juice	13.95
Hot Tea (Regular or Decaffeinated)	3.50	Kid's Drinks	2.95
		Bottled Water	1.95

Carry in soda prohibited

Serving Breakfast, Lunch & Dinner

One Check Per Party • Reservations Accepted for Parties of 9 or more • All Items Available for Take-Out

Looking for a Unique Idea for Your Next Party or Function?
Ask About Our Special Group Menus and Pricing.

We Accept Cash and Traveler's Checks
Prices subject to change without notice
Accepting American Express, Discover, Visa & Master Card



343 43rd Street & Bay
Sea Isle City, NJ 08243
Phone 609-263-3471 or 609-263-1634
Hostess Station 609-263-4300

est. 1970
Carmen's



Breakfast & Lunch Menu
Eat in or take out

rev. 2026

Visit our menu at
www.CarmenhasCrabs.com

Breakfast

Served 8:00–12:00

Belgian Waffles

1. **Jumbo Belgian Waffle** 11.95
Served with powdered sugar, creamy butter and syrup
2. **Berry Belgian Waffle** 14.50
With fresh berries and whipped cream
3. **Beefy Belgian Waffle** 15.95
Covered with cream chipped beef
4. **Creamed Chipped Beef Over Toast with Home Fries** 15.95
Creamed Chipped Beef Over Potatoes 14.95

Eggs and Omelettes

Omelettes & Eggs are Served with Home Fires and Toast.
Add \$1.00 per add-on.

6. **One Egg (Any Style)** 9.95
7. **One Egg** 12.95
With choice of bacon, sausage, chicken sausage, pork roll or Morning Star Farms® meatless patties
8. **Two Eggs (Any Style)** 10.95
9. **Two Eggs** 14.95
With choice of bacon, sausage, chicken sausage, pork roll or Morning Star Farms® meatless patties

Healthy & Hearty Breakfast 14.95
Scrambled egg whites with our freshly-cut red-skin home fries and toast and choice of cholesterol free Morning Star Farms® meatless patties OR chicken sausage
Melon Cup 8.95
Fresh melon filled w/seasonal berries & topped w/whipped cream

Omelettes served with choice of:
American, Swiss, Cheddar, Provolone, Mozzarella, or Feta Cheese

5. **Lump Crabmeat Omelette with American Cheese** 19.95
10. **Fresh Asparagus and Cheese Omelette** 15.95
11. **Cheese Omelette** 13.95
12. **Mushroom and Cheese Omelette** 15.25
13. **Canadian Ham and Cheese Omelette** 15.95
14. **Bacon and Cheese Omelette** 15.95
15. **Vegetarian Omelette** 15.95
Pepper, onion, mushrooms, cheese
16. **Western Omelette** 15.95
Ham, pepper, onion, cheese
17. **Ala Carmen Omelette** 15.95
Bacon, cheese, green pepper, onion
32. **Spinach and Feta Cheese Omelette** 15.25

Egg Sandwiches

Served on Choice of English Muffin or Bagel, with Red Skin Home Fries

18. **Egg and Cheese** 9.95
19. **Egg, Cheese & Choice of Bacon, Canadian Ham, Sausage, Chicken Sausage or Morning Star® Meatless Patties** 12.95

Carmen's Breakfast Special

2 Eggs, 2 pancakes and 2 slices of Bacon or 2 Sausages for just 12.95

Just For Kids

"Kid Size" Hershey's® Chocolate Chip Pancakes ... 7.95
Short Stack of French Toast 7.95

Little Squirts Special

One egg, one pancake, one piece of meat Bacon, sausage or pork roll 8.95

Sandwiches

All Sandwiches Served with Home Fries

42. **Grilled Cheese** 11.95
43. **Grilled Cheese with Tomato** 13.50
44. **Grilled Cheese with Bacon** 14.95
50. **BLT – for Breakfast!!** 15.95
add egg 2.95

Pancakes & French Toast

20. **3 Golden Pancakes** 11.95
21. **3 Pancakes** 15.95
With choice of bacon, sausage, chicken sausage, pork roll or Morning Star Farms® meatless patties
22. **Short Stack (2 Pancakes)** 8.95
23. **Short Stack** 11.95
With choice of bacon, sausage, chicken sausage, pork roll or Morning Star Farms® meatless patties
24. **French Toast** 11.95
25. **Deluxe French Toast** 15.95
With choice of bacon, sausage, chicken sausage, pork roll or Morning Star Farms® meatless patties
26. **NEW! Alexandra's Pecan Pancakes** 12.95
3 Buttermilk pancakes with sliced bananas, confectioner's sugar, a drizzle of Nutella, and topped with whipped cream or syrup

28. **Hershey's® Chocolate Chip Pancakes** 13.95

29. **Jersey Blueberry Pancakes** 13.95

30. **Pancakes with Fresh Strawberries & Whipped Cream** 13.95

Breakfast Side Orders

- Bacon, Pork Roll, Sausage, Chicken Sausage, or Morning Star Farms® Patties** 4.95
Fresh Cut Red-Skin Home Fries 4.50
English Muffin 2.95
Toasted Bagel with Butter 2.95
Toasted Bagel with Cream Cheese 3.95
White, Wheat or Rye Toast 2.95
Hot Creamed Chipped Beef 7.95
Cinnamon Raisin Toast 2.95

Lunch

Served 12:00–3:30 Daily

Appetizers & Small Plates

- NEW! Fried Shrimp Appetizer (6)** 18.95
Fresh Mozzarella Sticks
- Regular** 12.50
 - NEW! Gluten Free** 12.50
- Oysters half dozen** 12.95
Oysters on the half shell one dozen 19.95
Lump Crabmeat Cocktail Mkt. Price
Large U-Peel Shrimp served chilled or hot with Old Bay
- Half lb. 15.95
 - One lb. 23.95
- Clams on the Half Shell**
- Half dozen 9.95
 - One dozen 14.95

- Jumbo Shrimp Cocktail (6)** 15.95
Mussels
- Single Serving in Red or White Sauce 16.95
 - Bucket of Mussels 28.95
- Carmen's Steamers** in our famous garlic butter sauce
- 1½ Dozen 20.95
 - Bucket of 50 Steamers 36.95
- Steamed Clams** Littlenecks steamed in water, served with drawn butter
- 1½ Dozen 18.95
 - Bucket of 50 Steamers 33.95
- Mini Deviled Crab Cakes (5)** 20.95
A La Carmen – 1 doz. steamed littlenecks, mussels, shrimp in our famous white sauce 26.95

Homemade Soups

- Manhattan Clam Chowder (Bowl)** 10.95
Manhattan Crab Chowder (Bowl) 13.95

Taking Sides

- French Fries, Cole Slaw, Onion Rings, or Apple Sauce** .4.95
Garden Salad with tomato, cucumber, sliced onion 4.95
Small Caesar Salad 4.95

Maryland Style Blue Claw Crabs

Choose 3, 6 or 12 Crabs **Market Price**

Burgers ... Served with French Fries.

Well Done Burgers take time – patience please!

33. **Bacon Cheeseburger on a Brioche bun** 18.95
34. **Burger Ala Carmen** 17.95
A burger topped with American cheese, lettuce, Jersey tomato & onion on a brioche bun. Served with French fries.

For the Veggie in You ... Served with French Fries

35. **Veggie Burger Melt** 14.95
A delicious vegetarian burger, topped with green-leaf lettuce, onion, and Jersey tomato, on a brioche bun
36. **NEW! Toasted Caprese Italiano Sandwich** 14.95
Sliced Jersey Tomato & Mozzarella on a bed of arugula and basil pesto, drizzled with a balsamic glaze on a crusty Italian Loaf.
42. **Jonathan's Grilled Cheese** 11.95
43. **Grilled Cheese and Tomato** 13.50
44. **Grilled Cheese with Bacon** 14.95

From the Grill ... Served with French Fries

37. **Char-Grilled Chicken Breast Sandwich** 16.95
on a Kaiser roll with Lettuce, Tomato, Cheese, Red Onion
38. **Nicole's Chicken & Pepper Sandwich** 16.95
Grilled chicken breast, covered with roasted red peppers, topped with provolone cheese on a Kaiser roll
39. **Evan's Cheese Steak** 16.95
Thinly sliced steak topped with American cheese on an Italian roll
40. **Mushroom Cheese Steak** 16.95
Thinly sliced steak & sautéed mushrooms on an Italian roll
41. **Carrie's Barbecue Chicken Sandwich** 16.95
A chicken breast in barbecue sauce with melted cheese on a Kaiser roll
48. **Boss's Favorite (with French Fries)** 16.95
Honey mustard grilled chicken sandwich with cheese, lettuce & tomato on a kaiser roll

Salads

- Tomato, Fresh Mozzarella and Basil Salad** 13.95
Caesar Salad 13.95
Lettuce, parmesan cheese & croutons
- Broiled Salmon on Caesar Salad** 24.95
Caesar Salad with Grilled Chicken 19.95
Caesar Salad with Shrimp (6) 23.95

Snow Crab Legs 1.5 lbs. with French Fries & Coleslaw Market Price
Dungeness Crab Legs 1.5 lbs. with French Fries & Coleslaw Market Price
Alaskan King Crab Legs 1 lb. with French Fries & Coleslaw Market Price

Sandwiches

50. **The BLT** 15.95
Bacon, Lettuce, tomato & mayo with French fries
53. **Tuna Melt** 15.95
With tomato & melted cheese with French Fries
31. **Meatball Sub – Homemade by the Boss!** 15.95
with fries and provolone & mozzarella cheese
54. **Turkey Club** 17.95
Turkey breast, bacon, lettuce and tomato on toast with Hellman's® mayo. Served with french fries.

Fried Delights ... Served with French Fries

55. **Danielle's Shrimp in a Basket (6)** 18.95
56. **Chicken Wings in a Basket (5)** 14.95
57. **Brian's Chicken Fingers in a Basket (5)** 16.95
58. **Shrimp & Wings in a Basket 3 of each** 17.95
60. **Fried Scallops (½ lb)** 24.95
Served with Fries & Coleslaw

Lobsters Cooked to Order – Be Patient Market Price.

66. **Carmen's Lobster Special**
1¼–1½ lb. whole steamed lobster, with French Fries & Coleslaw

67. **Carmen's Twin Lobster Special**
Two 1¼–1½ lb. whole steamed lobsters, served with French Fries and cole slaw – Sorry, no sharing!
Large Lobsters — 1½ lb. and up — U pick the Size
Extra Tail 5-6 oz. 17.95

61. **Fresh Fried Flounder Sandwich** 19.95
With tartar sauce, lettuce, & tomato on an Italian roll
62. **Fried Softshell Sandwich (in season)** 20.95
With lettuce and tomato on a kaiser roll
63. **Jamie's Deviled Crab Sandwich** 22.95
With lettuce, tomato, lemon & tartar sauce on a kaiser roll